

Keeping in Touch

Summer 2017



Sisters of the Sacred Hearts of Jesus and Mary

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Editorial

Dear Sisters and friends,

Firstly Emma and I apologise for the long period since our last publication but I hope that you will all enjoy this special edition of ‘snippets of joy’ in our increasingly troubled world. We delight with the sisters in Zambia p. 5, on celebrating 125 years of Catholic faith. The sisters in Uganda p. 6, continue their education in order to bring the very best to those we serve... and so it continues. The joy we share comes at the great cost of lives spent in service. These days we are celebrating jubilees; 50, 60, 70 years. Sisters continue to adapt and move on with the generosity exemplified by Pennie in Liverpool p. 24, and older sisters moving into gentler apostolates. At the same time we have young sisters ready and more than willing to continue to share the charism—to be counter witness in a world of terror, violence, famine and injustice. Six novices, Clara, Natasha, Sylvia, Mervis, Ruth and Annet will make their first profession of vows on the 8th of September and ask that you remember them very specially on that day. Sr’s Mary Mangan and Mary Ita will soon be on their way there to be with them.

We are delighted with the recent launch of our new website and all the great news and articles there so don’t forget to dip in regularly to keep up-to-date with all that is happening around the world NOW. www.sacredheartsjm.org

Love and prayers to you all.

Anne and Emma

Zambia commemorates 125 years of Catholic Faith

Sister Mary Costello, along with many other dedicated missionaries were honoured, as a symbol for the many, many missionaries who gave years of service to building up the faith and development in Zambia.



Honoured for dedicated service to the Catholic Church



Below; Sister Mary being congratulated by Archbishop Mpundu of Lusaka





Uganda



The Sisters in Uganda were the lead Congregation in an Inter-Congregational Workshop, 3rd – 7th April

A workshop on Results Based Planning and Management was held at the Comboni Spirituality Centre, Layibi in Gulu. It was attended by three Congregations: The Franciscan Brothers (Adraa Agricultural College), Franciscan Missionaries of St. Joseph, SSHJM Pabo and SSHJM, Mukono.

Participants were divided into four groups with representatives from each project in every group.

The overall training objectives were to enable participants to:

- Understand results based planning and proposal development;
- Have the knowledge and skills to write project proposals;
- Be able to design monitoring approaches that are focused on performance as well as operational monitoring;

Each group identified a particular problem that they worked on

throughout the week and were given a number of tools and approaches to help them develop their knowledge and skills and to practice skills learned. All feedback from working groups was critiqued by the other working group members. Participants found this a most effective way of learning.



Sr. Jane Frances welcomed everyone at the start of the workshop and concluded the week by presenting everyone with Certificates of Attendance.

Many new friendships and links were made: Staff from Pabo and Mukono communities were delighted to attend the blessing and official opening of the Franciscan Brothers Agricultural College, Adraa, 26th May 2017. In June, some staff from Pabo benefitted from attending a very helpful bee-keeping course at Adraa.

Let's hope the future holds shares in honey as well as all the benefits the bees bring to ecology.

Ireland

The Currach Community, Belfast celebrate their 25 year anniversary

Where it all began by

Noreen Christian, Dominican Sister.

After returning from 25yrs in primary education in South Africa where I was part of the struggle to make our Catholic schools open to all races, it was fairly natural that I should feel drawn to becoming involved in inter-church relations in the North of Ireland. In the late-eighties, I found an inter-church community called “Cornerstone” on the Springfield Road “peace line” in the west of the city of Belfast and felt drawn to their ethos and peace-making efforts.



Sam Burch, a Methodist Minister was the community leader at that time. Norma Dodds, a Church of Ireland woman, who was one of the community members and myself became friends.

Sam, Norma from Cornerstone and others who understood the political and church situation, decided that a new inter-church community would be needed near the gate area on the “Protestant” side of the Springfield Road. A group of men and women who were interested in the idea, came together to explore this possibility.

Some time later, Sam Burch told me that the Belfast Central Mission, the headquarters of the Methodist Church in Belfast, were interested in purchasing two semi-detached houses next to the Springfield Road gate in order to create a garden door in the back wall which would give them access to their Church on the Springfield Road, on Sundays, should the



gate be closed and locked. This was an answer to the prayer of our group! We were going to be able to rent the premises we had wanted! And so began the still-existing partnership between Belfast Central Mission and what was to become Currach Community.

The Currach community opened its doors on 7th June 1992 with two members;

Timothy O'Donnell, a young man from the USA who was to help us begin our contact with the local young children, and myself. Timothy was followed by Chris, John and many other young men and women from Germany, Sweden, Holland, the USA among many other countries.

This focus is still very much to the fore as is the focus on Women Now, wonderfully served by the vision and energy of the "Chigwell Sisters" Bridget and Gillian.

It was years later that Belfast Central Mission came into our picture again. A Conference of Religious gathering, was held at their offices in Belfast and Sister Rosemary and a companion, from



the Sisters of the Sacred Hearts of Jesus and Mary (Chigwell Sisters) attended it. At the lunch break we had a conversation and I discovered that they were searching to find where, in the North of Ireland, God wanted them to be. I suggested that they use The Currach Community as a base whilst on their search. To our great joy they found themselves “at home” in Currach and soon Sr. Myra arrived followed by Sr. Brigid and later Sr. Gillian. Hence the essential focus on women in the area was also continued.

All put their heart into the carrying on the development of the Currach Community and Forthspring projects. What a blessing their warmth, generosity, faith and commitment has been to the people of West Belfast!

Sister Noreen Christian



El Salvador

Joy of Journey

*The glory of God is the Poor person full
alive - Oscar Romero*

*I have come that you may have life and
have it to the full - John 10:10*



Life is a journey, it takes many forms but each of us starts out with just one small step. Our desire to undertake that journey depends on an attitude of mind, a desire....

We go through life making many 'journeys' through... winding roads and around sharp corners.

As we journey we focus on many different things; people, the earth, the sky, the stars, flowers, animals. We listen to the singing birds or to the silence of our journey. How do I journey, do I go prepared or am I taking a risk to travel into the unknown? Saint Pauls says *...I need to concentrate not so much on what to change in the world as on what needs to change in me, and in my attitude. Ps 139 I thank you for the wonder of my being.*

Self-acceptance is based on the word of God and it's fruit is Living by every word that comes from the mouth of God.

The 'true self' is created by and is the image and likeness of God.

For three months earlier this year, I have taken another step on my journey, this time to return to El Salvador. My first visit there was after the terrible earthquake of January 2001, some sixteen years ago!

At that time, it was very much a step into the unknown, I was terrified, not knowing what might happen to me on the journey but it

was a great experience to be able to share in the devastation all around! Those wonderful people, their lives in ruin but they had great love and trust in God to rebuild their lives once again. I witnessed the great example and generosity of the Congregation to reach out and support them.

There certainly is a variety of gifts

During this present visit to El Salvador I was fortunate to be able to visit again San Patricio and to appreciate that from small beginnings things have grown. While there, I also shared in their St. Patricks Day celebrations. It was wonderful to meet again those lovely people who remembered all the help, love, and kindness we shared.

This is what Yahweh asks of you only this,

That you act justly,

That you love tenderly

That you walk humbly with your God

I visited Tamanique, where we had a house for many years, and met some of the people who still remember me, many of them spoke with affection and gratitude for all the help they received from our Sisters. While there, I met with Nubia, (who was once a sister with us) her mother and members of her family. It was great to see their lives rebuilt after the devastation of the 2001 earthquake. There is now a new 15 km road up the mountain!

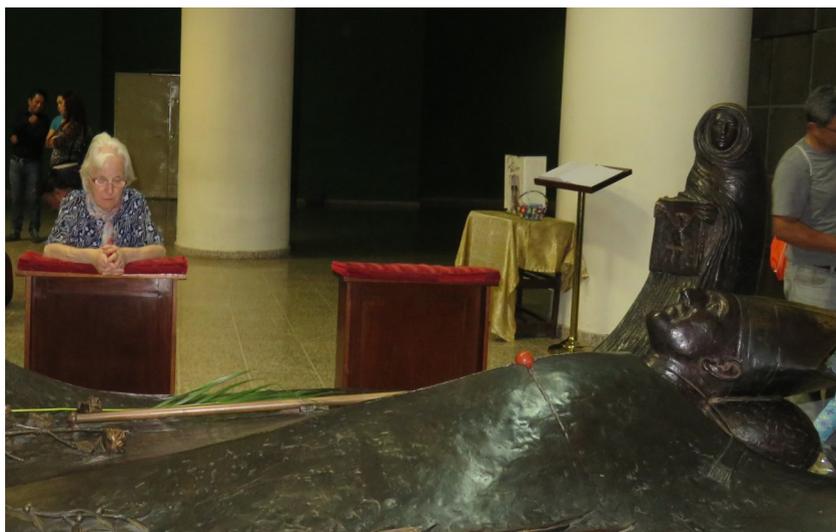
In Mariona I attended the Centre for Special Needs for adults and children who are unable to attend school, due to lack of places, lack of finances e.g. unable to pay the bus fares, or due to their disability. It was a privilege for me to be able to visit and do some voluntary work there, helping with various activities/physical exercises/ massage/ games etc.

I also visited the Centre for Alcoholics and substance abusers which was set up 27 years ago, by the Missionary of the Sacred Heart Order. Two of the missionaries greeted me at the sign of peace, at Mass in the chapel and afterwards spoke to me about their lives. It was a very

humbling experience. If I were younger and spoke Spanish I would have liked to work with them.

It was lovely to meet members of our Sacred Heart Companion group who come to pray and share, every Wednesday. I also visited people in their homes and met their extended families.

During Lent I took part in the Stations of the Cross. As we walked the way of the Cross around the streets and roads with lighted candles. Various Parish groups read from scripture and sang songs.



Praying at the tomb of Blessed Oscar Romero in the crypt of the Cathedral in San Salvador

I met students from the MSC house of formation. There were 18 in all, two of them were ordained deacons at Eastertime. Some of them were learning English and other languages at the local university.

The Highlight of my visit to El Salvador was Holy Week.

The Holy week ceremonies were the most prayerful, enriching, uplifting and empowering I have ever experienced in my life time and will never to be forgotten.

In the Parish of Mariona there are 17 Mass centres, where everyone

participates and prepares the liturgies.

All altar servers, boys and girls took part in the liturgical dance on Holy Saturday night. First around the Pascal fire. They dressed in white robes with hoods, in a circle, symbolism of light then a symbol of darkness appeared in the form of one person dressed all in black. All the persons dressed in white turned away, holding hands to avoid the evil/darkness sent to break them. The person dressed in black then disappeared out of sight. They danced around the pascal candle during Mass and re-enacted some of themes from scripture 'Abraham and Isaac' and the 'Woman at the Well'.

Many women had prepared short homilies prior to the readings of Holy Saturday. The singing of the responses and Psalms were accompanied by dance and hand symbolism.

Many adults were baptised during the Vigil. This all took place in a large park where they had erected a covered altar (the parish church is not big enough). People sat on chairs or on the ground. People got lights from the light of the pascal candle and walked along the road from to park where the Easter service took place. No one fell asleep except the children – the whole service took place from 7pm on Holy Saturday to 6am on Easter Sunday. The Easter sun rising in the sky was a glowing yellow/red colour. A wonderful scene to remember as we walked back to the convent.

Muchas, Gracias
Sister Janet Finnegan



Federation Victor Braun

Congratulations to both congregations from Vienna and Versailles on the success of their recent Chapters and the election of their new Leadership.



Vienna; Sr.M.Margareta – Sr.M.Damaris – Sr.M.Ludowika – Sr.M.Klara
Sr.M.Adelinde (Superior General) – Sr.M.Monika – Sr.M.Dorota



Versailles; Sr. Daniele Souillard (Superior General) – Sr. Liliane
Kisapa—Sr. Calixte Ndzana—Sr Marie Beatrice Huyghe

My Soul Glorifies the Lord.....

Sr's Margaret, Elizabeth and Angelo

50 Golden years



With long term friends; Maureen
Seasman, Kathleen Lavery and
Maureen Gavin

Congratulations



We
all
want
cake!

Holy Poverty Old—New



In earlier days, fired with enthusiasm and anxious to prove ourselves immune to the temptations of a materialistic world, we thought we understood what Holy Poverty meant. How wrong we were! The difficulties of age and time and our inability to accept with calm and composure the accompanying pains and disabilities open up for us a whole new meaning to personal poverty. What is the acceptance of a simple life compared with the challenge of an existence bounded by failing breath, poor mobility and balance, hearing and sight loss and, horror of horrors, failing memory? We, who were once able to achieve seemingly creditable labour in the vineyard, can now only look in amazement at the wonderful harvest being reaped by a new generation of earnest labourers. The pinch of such poverty can indeed be very sharp.

But are there any benefits to our new (old) status? Well in theory we seem to have more time for prayer. Note the 'in theory' part. A positive tsunami of distractions, worries and miserable memories pours over us immediately we move into recollection mode. Then we must contend with the delightful, soft veil of sleep which descends as soon as we try to turn our minds towards the presence of God. But perhaps this is not really a disaster or even a blot on our prayerful progress. Could it be a loving, tender call of God to a different and deeper form of prayer, drawing us more directly and more securely into his loving welcome?

As to our active life, well we do have plenty of experience and this can be double-edged sword with which to overwhelm those around us or it be used to prepare our mind and heart to listen deeply to

those around us. There is always a danger that we listen impatiently to the other person while preparing our own intervention, or rush in to give advice which is neither requested nor helpful. Of course, sensible advice on a practical, and especially on a technological problem is very useful but particularly unhelpful and positively infuriating is a habit of topping somebody's problem with a dozen or so much worse ones of our own. Just a deep, gentle listening is rare and much needed in this fractured world society which seems to be flooding every part of our lives.

Could it be then that our new poverty is not a personal disaster and useless suffering, but rather a precious gift from a God who loves us desperately and glories in the uniqueness of each of us. Is it, in fact, a powerful homing device to lead us directly to his Sacred Heart?

Sister Barbara Dundon



Sacred Heart Companions

Meeting – Carfin 20th June 2017



On the 20th June this year Sister Patricia McKenna and I had the privilege of travelling to Scotland to meet with a group of Sacred Heart Companions at Carfin, the Shrine of Our Lady. It was a day of great joy and reunion as we met together to pray and to share.

Our day began with Prayer of the Morning, this was followed by a slide presentation on 'Companions Worldwide', it is important to remember that we are part of a larger group of like minded people all wanting to come together to pray, share and support the mission of the Congregation in so many various ways.

We looked at our Charism and how this leads to personal holiness and the impact this should have on our lives.

There was a little time for reflection before we celebrated Eucharist together in the main chapel. We were joined by other visitors to Carfin that day so we were part of the larger church community!

Lunch after Mass was a time of sharing and catching up with Companions that perhaps had not met since our last meeting in Carfin.

During our afternoon session we shared some of the main points that came from the Promoters Meeting that held last February in Marian House. This was important so that the Chigwell, Herne Bay, Worksop and Scottish Companions all received the same information about a proposed way forward. We received some very good feedback and there were some excellent ideas put forward.

These included:-

- Make time for 'discussion' perhaps in the Tea Room after prayer meeting.
- Church Newsletter to promote new members
- Discussion or readings after meeting.
- Informal cup of tea after meeting
- Interaction with other groups
- Important to keep in touch with the Sisters in Chigwell and be updated about what is happening in the mission of the Congregation.

- Better preparation for Commissioning for membership
- Contact with other groups to share materials
- Get together with other groups who live close by
- Invite new young members, have more involvement with the parish priest
- Invite other parishes in the district to join and be involved
- A junior section for the Sacred Heart Companions, something could be set up with help from experienced members.

Our day ended by praying with the new Icon which was designed to mark the 125th Anniversary of the founding of the Congregation. Afterwards each Companions was given a small copy of the Icon as an aid to prayer and also a remembrance of the great day we shared together.

During this time of renewal of our Sacred Heart Companions I would ask for your prayer that we may be guided by the Holy Spirit in any discussion we may make for the development of the movement thus creating something very beautiful for God.

I am conscious of the wonderful groups of Sacred Heart Companions we have worldwide. We are all one family, diverse and all very important and appreciated by our Congregation.

May God bless you all.

Sister Elizabeth Dawson



The Disaster of Climate Change and Our Sacred Duty of Care of Creation,

Thanks to the advancement of science in modern times knowledge of creation has grown wonderfully. Unfortunately, we humans have continued our unprincipled and barbaric treatment of our beautiful home. It is many years since physicists declared that we humans are made of the stuff of the stars, but that didn't stop our race travelling out into space and leaving a trail of litter which will one day create yet another hazard for our planet. But of course, unless we take drastic action, Climate Change will have cancelled any need to worry about all other disasters. Unfortunately, although humans are the chief contributors to the barricade of greenhouse gases around the planet, all of creation is in danger of the extinction it will cause.

So apart from lamentation is there anything we can do to help? Well of course (as always) there is, and here our friends the trees which have an amazing ability to absorb carbon-dioxide, a gas that has a malevolent effect on global warming, will prove to be wonderful allies. Unfortunately, all over the planet very sophisticated logging companies are cutting down trees at an incredible rate, destroying the habitat of indigenous peoples and some of our most endangered species of animals, and significantly adding to pollution and worsening climate change. In our more affluent countries our ancient forests have practically disappeared and the rainforests are rapidly heading in the same direction towards extinction.

The situation is certainly serious but fortunately thousands of people are working together to care for "Our Common Home," and there are online petitions to be sent to Governments and large firms which are responsible for the damage being inflicted in poorer countries and it is an easy matter to add one's signature. Then of course planting trees is a wonderfully positive way to help. While we can't always manage to do the planting ourselves there are many organisations which encourage us to sponsor the planting of a tree or a seedling.

The following list deals with countries where we have missions and where the sponsoring amount is small. Many more organisations can, of course be found on Google.

The Philippines: www.haribon.org.ph (about £5 for planting a seedling and its care)

Zambia: <http://greenpop.org/events/zambia-festival-of-action/>

(about \$5 will provide 2 school children with their own seed box so that they can plant their own trees for the eco-education programme.)

Africa and South America: www.worldlandtrust.org (£5 to sponsor a tree)

Ireland: www.nativewoodlandtrust.ie (34 euros to sponsor a tree)

www.greengraveyard.com (29 euros to sponsor a tree.)

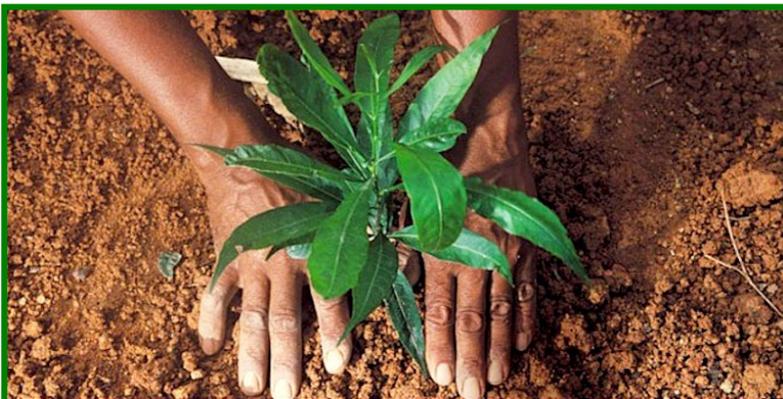
U.K. Scotland: <https://treesforlife.org.uk> (£25 to sponsor a tree in the Highlands)

<http://nhsforest.org> (£10 to sponsor a tree.)

El Salvador: <https://www.globalgiving.org/projects/elsalvador/> (£7.00 plants 2 fruit trees)

All suggestions for any other useful addresses greatly received.

Barbara



New Pasture's for Sister Pennie!

On the 5th April 2017, I left Chigwell Convent for my new appointment to Liverpool.

It was a lovely morning and I was waved off by a number of Sisters. I was accompanied by Sister Angelo and Jack, our driver, and soon we were on the motorway heading north and making good progress. After stopping for tea and a rest for Jack we eventually reached 144 Mill Street, Liverpool, where Sr Johanna welcomed us, and served us with a lovely lunch she had prepared. Soon it was time to unpack the minibus and let Jack head back to London. Sr Angelo stayed a couple of days with us.



I am settling into my new appointment, taking my time to look around and get used to my new place. The people I have met are very kind and helpful.

At the moment I am helping at two food banks and I still do my Mission Appeals in England and Scotland. I am also spending time looking and listening to people to find out what and where the needs are, so by the next "Keeping in Touch" I hope to have more news.

Sr Pennie MacInnis

Congratulations

to Sister Dorothea and Tessie
on their 90th Birthday

Sister Dorothea sent the following message “I would like to thank the Sisters for the Masses, donations, flowers and cards for my 90th birthday also the photographs Sister Catherine Lehane so kindly took. Sister Elizabeth kindly invited my twin sister Tessie and family for our 90th Birthday. It was a lovely day that I will never forget!

Thank you all also for the prayers for Tessie who has now been discharged from hospital.”
God Bless, Sister Dorothea



A Big
Congratulations
to Sister Johanna
Mary as she
celebrates her
80th birthday
with not just one
cake in Liverpool
with Sister Angelo
but with a second
(chocolate this time)
with Sisters Gerald
and Maureen in the
community in
Carlisle.



Memories of Sr Catherine Murphy on her 90th Birthday

I remember all of us, Novices and Postulants lined up around the table in the Novitiate awaiting the arrival of the new postulant, Kathleen Murphy - that was in 1947! Mother Marina (Novice Mistress) brought her in and my thoughts were, “she’s gorgeous and what a beautiful coat she’s wearing!”

We became good friends and I recall thinking that Cork (where she came from) must have been more than lovely. Sister Catherine was born in America to an Irish family who returned to their native home when she was a baby. To me, coming from Thurles, Cork was utopia! She talked a lot about ‘The Loft’, (a mini Hall where plays were preformed) No Loft in my life!

Eventually she went to Digby Stuart Training College and I went to Maria Assumpta. One day during those two years Sr Catherine came to visit us at Maria Assumpta and somehow the news made its way to Chigwell and we got quite a scolding!

Her years in California were very blessed and her contribution to faith development and human personality growth and understanding were remarkable. One of her past pupils told me that Sr Catherine gave her a deep appreciation of English Literature which she has never forgotten. She frequently regaled us with her beautiful singing voice – all the old Irish songs especially when far from home, recalled precious memories.

Catherine’s 90th Birthday was a day of rejoicing and celebration, bringing with it many graces and blessings. A day to give thanks to the Lord for many years of generous and devoted service in the congregation. *Sr Laura*



A Visitor for Sister Ambrose!

What an enjoyable time was had in Cork Convent when the singer Dominic Kirwain came to visit his old friend, Sister Ambrose. His forte is country music, and he is also a man of deep faith. He sang out "Abide with Me", Amazing Grace and St Teresa of the Roses. When they mentioned "Country Roads" - he knew every word.

Sadly it was a short visit, as he was also going to visit an SMA priest friend who enjoys a good song too!!



Congratulations

to Breda Greelish, Manager and Secretary, in Sacred Heart Convent, Cork, who recently qualified as Bachelor of Arts in Human Resource Management.

Well done Breda,
we are proud of you.

Sisters & staff in Cork



Sister Sebastian Keeshan R.I.P. (1918 – 2017)

Sister Sebastian would have been 99 yesterday and so when her remains entered the Chapel in Marian House we sang Happy Birthday. When she died she was the oldest Sister in our Congregation. She had a very long and full life.



Sister Sebastian wrote of her life;

“I was born on the 27th April 1918 in Bama, Dunkerrin, Offaly and called Mary Keeshan. I had four brothers and one sister, I was the youngest and am now the sole survivor of the family.

I grew up with my parents Michael and Catherine on the farm, I did not work on the farm however partly because I was spoiled being the youngest and also because I didn't want to dirty my shoes.

I went to school in Bama about six miles from Roscrea, it was a small country school and my teacher was Mrs Sheehan, a terrific teacher. No child ever left the school that could not read and write and do sums.

Mother Joan (SSHJM), a cousin of my father's, was home on holiday staying in Templemore, a nearby town, and we had tea together and chatted. She asked me what I was going to do with my life and did I ever think of becoming a nun? I said I did and she started talking about Homerton. My mother was delighted that I was to be educated in Homerton but she hated me leaving home.

In 1932 I went to school in Homerton for two years, I was 14 and a half when I decided to join the Congregation as a Postulant. The Sisters had an orphanage in Homerton for about 100 girls and also a school where I attended”.

Sister Sebastian did join our congregation, however, she tells us that before her first profession she was sent home because she had bad ears, and other symptoms which indicated that she had TB.

She writes, *"I arrived home and there was my poor father and mother meeting me at the station in Roscrea, the first thing my mother said was 'Oh Thank God she is able to walk!'"*

Sebastian certainly had a vocation and when she was well enough she again answered God's call and returned to Chigwell on the 26th July 1937. She made her first Profession on the 2nd February 1940 and her Final Profession on 2nd February 1946

During her Religious life she lived in many of our communities, Roscrea, Mount Olivet, Cranleigh, Pontville, and finally she was in Chigwell Community from 1975 until 2015 when she retired to Marian House.

For much of her life Sister Sebastian was responsible for overseeing the gardens. When she came to Chigwell, the gardener was not keen to have a Sister as his boss, she had not been there long when he asked how to grow tomatoes, she explained very expertly and after that he had great respect for her.

When she was in our Residential schools for children with disabilities she took care of the children and made sure they were always nicely dressed. Considering that she was always considered to be 'delicate' she certainly had a lot of stamina and reached the great age of 99.

Her family meant a lot to Sebastian and she loved to see them when they visited. It is also very fitting that Sisters Sylvester and Jane are here today as they were neighbours of Sebastian's family and she had a great influence on them in joining our Congregation.

Her Religious life was of prime importance to her but latterly she found it difficult to enter into our prayer life. However, strangely two days before she went into hospital she attended Rosary and Evening prayer and really wanted to visit the chapel.

Sebastian we shall miss your great presence among us, you certainly were quite a character and a great example to us. You served in our Congregation for almost 80 years and now you have gone home to the Lord you served so well. We thank you and bless you for touching our lives with yours.

Pauline Cleary R.I.P. 1939 - 2017

It was with much sadness that the congregation heard of the death of Pauline Cleary on 22nd June 2017

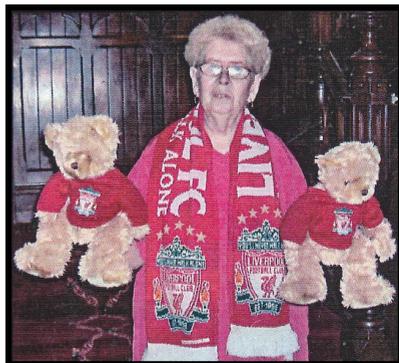
Pauline with her mother lived at various houses of the congregation over the years.

When the last house closed she moved to Mosley Manor Care Home and later to Prince Alfred Care Home, where she was visited on a regular basis by the Sisters in Liverpool.

Pauline was a keen supporter of Liverpool FC, Stephen Gerard (past Liverpool and England player) being her hero.

At her request the football anthem 'You'll Never Walk Alone' was sung as the closing music at her funeral.

Rest in Peace, Pauline.



Laura Rita Denton R.I.P. 1939 - 2017

The Congregation would also like to remember and pray for Laura Denton who passed away on Thursday, 20th July in Hayling Island.

Many of you will have fond memories of Laura as she was part of the congregation in the 1960's.

May she rest in peace



With thanks

Sister Eileen Hennebry

A deeply heartfelt thank you to all the Sisters who sent letters, cards, good wishes and Masses during my recent illness and stay in hospital. Your thoughtfulness and kindness have helped put me back on the road to recovery. Thank you all so much. A Mass for all your intentions will be offered as a token of gratitude.

Sister Catherine Kennedy,

Thanks everyone for their kind wishes and prayers for her Diamond Jubilee. She is also most grateful for the opportunity to revisit Zambia for the celebrations of 125 years of the presence of the Catholic Church in Zambia.

Sister Mary Clare,

Would like to express her gratitude for the many prayers, masses and good wishes that she received during the illness and recent death of her dear sister Una. Holy Mass will be offered in gratitude.

Sister Johanna Mary,

Thank you to all who sent Birthday wishes, prayers and Masses for her 80th Birthday celebrations and for her Diamond Jubilee celebrations (wasn't she young)!

Over the past year we have had many, many requests for prayers and they are obviously of great comfort for people in their times of worry or distress so thank you all and we are more than happy to keep sending out your requests for this most important of apostolates.

A date to remember..

Annex



Mervis

Sylvia



8th of
september

2017



Clara



Natasha



Ruth

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